

What Do I Do Now?

by Sherry Jones

How we respond when problems occur dramatically affects the outcome of any situation. Many times, when Christians encounter difficulties, they fall apart under the pressure and think and talk in line with the circumstances. But God does not want us to worry or be anxious about anything. The scripture says in Philippians 4:6, “Be careful for nothing, but in everything by prayer and supplication with thanksgiving, let your requests be made known unto God.” That scripture is saying, “Don’t fret about anything!”

Our prayers won’t work if we are full of anxious thoughts and concerns. In fact, we can’t pray the prayer of faith and get the victory if we are entertaining worry. That’s the reason we are admonished in 1 Peter 5:7 to “Cast all your care upon him, for He careth for you.” The Williams Translation says, “Cast every worry you have upon Him.”

God wants us to make this a daily practice in our lives. Paul mentions in Philippians 4:6 some of the practical steps we can take.

- 1) God does not want His children to be anxious, fearful, or concerned. But He wants us to be bold, confident, and steadfast in the faith. So we are to cast our care on God and keep it there.
- 2) Pray over every situation using the Word of God. Get an arsenal of scriptures that apply to your situation and write them down, meditate upon them, and pray them.
- 3) Pray with an attitude of thanksgiving. We are to let our request be known in an attitude of praise and thanksgiving.
- 4) Trust in God’s ability to work it out. Don’t try to figure out how everything is going to come about. That is God’s responsibility because He is the performer and you are the believer. Just remember that He is working in you, through you, and for you to bring about His will for your life.